

# **Bingley Park**

### Your Happiness Is Our Reward





# Welcome

Welcome to Tanglewood, where we pride ourselves on our wealth of experience in providing exceptional care for our residents. Our dedicated team members have been carefully selected based on their expertise, empathy, and genuine commitment to enhancing the lives of those entrusted to our care.

Our vision at Tanglewood is to create a nurturing environment that fosters independence, dignity, and a sense of belonging. We believe that each individual's unique story and journey deserves to be cherished and celebrated. Our values are at the heart of everything we do. We strive for excellence in delivering personalised care that exceeds expectations, promoting well-being, and embracing diversity. We understand the importance of creating a home away from home, where residents feel cherished and supported.

We warmly invite you to experience the Tanglewood difference firsthand. Join our vibrant community and let us embark on this remarkable journey together, providing comfort, companionship, and a sense of belonging to all who call Tanglewood home.



**Daniel Rowark** 

CEO TANGLEWOOD CARE SERVICES LTD

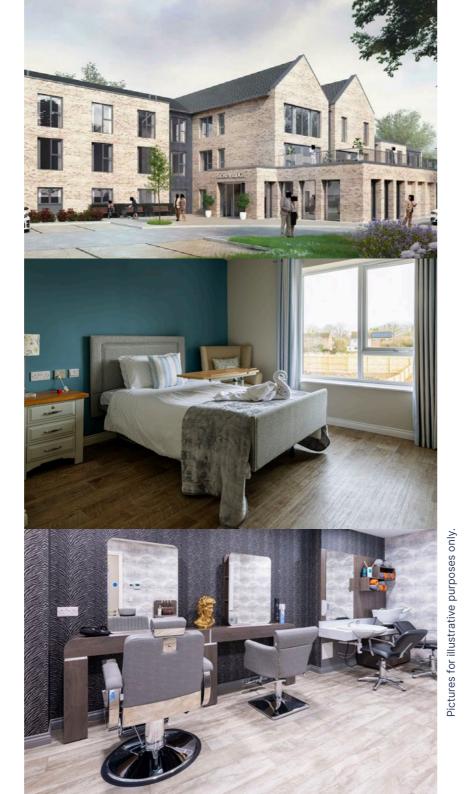
# Why choose us?

At Bingley Park we provide something for everybody. Our engaging activities are tailored with our residents' preferences in mind. With personalised care plans, a range of facilities and dedicated team members you can be sure your loved one is in safe hands.

At Bingley Park care home, comfort, safety, wellbeing, and happiness are at the heart of all we do. Our personalised care plans are tailored to include everything from medications to likes and dislikes. We acknowledge how hard the decision to move into care can be and our friendly team are on hand to support you.

### **Facilities**

Bingley Park is a 73-bed residential care home offering top-notch facilities, including ensuite wet-rooms, elegant social areas, and modern décor. Our amenities include a multi-faith prayer room, a quiet lounge, activity room, music café, hair salon, a garden room, and a café. A daily activities program will be available for residents, to ensure there is something for everyone to enjoy. Located just outside of Bingley, Bingley Park provides luxurious and contemporary living in a beautiful natural setting.





## Menu & catering

Our chefs offer a four-week seasonal menu that changes daily, using the freshest ingredients. We cater for all dietary types such as vegan, vegetarian and diabetic. We also cater for different textured diets, including a soft diet and a fully modified diet. If there is nothing you fancy on the menu we always have alternative options available for you. We will discuss your diet along with any likes and dislikes on admission. The mealtime experience for you is very important to us. Catering is always on the agenda at the monthly residents meetings to enable you to give your valuable feedback first hand.

### Sample menu

#### BREAKFAST

Cereal of choice or porridge Toast & preserves Freshly prepared fruit Full English breakfast

#### DINNER

Hearty beef stew & dumpling Creamy vegetable risotto Baby new potatoes Fresh green beans & carrots

#### DINNER DESSERT

Jam sponge & custard Fresh fruit platter & cream TEA

Fish goujons & sauté potatoes Cream of vegetable soup Selection of sandwiches

TEA DESSERT Lemon posset Selection of cakes

"I am so pleased that we chose this place, I felt surrounded by love here, they are all so friendly, everyone talks to you and I have never felt lonely once."

—Tanglewood Care Home resident



#### United

We will work together as a team We will acknowledge that everyone is important We will celebrate our achievements

#### Nurturing

We will value and support each other We will promote empowerment and independence We will acknowledge and enhance strengths

#### Innovative

We will find innovative solutions to the challenges we face We will welcome new ideas to help us evolve We will embrace change and adapt accordingly

### Quality

We will deliver excellence as our standard We will continually improve and enhance our service We will keep people safe

#### Understanding

We will be kind and compassionate We will respect and honour individuality and diversity We will take accountability and responsibility for our actions

### Empathetic

We will respect and trust each other We will be humble and positive role models We will embrace new relationships

### **Our Mission Statement**

#### Our aim is to:

Provide high quality care for our residents, in safe and comfortable surroundings, always promoting independence and choice

Give the families of our residents peace of mind, reassurance and confidence in our service

Attract and retain the best team members, giving them the skills and career pathways they deserve

Work in partnership with all external agencies, building relationships that support our visions & values

### **Our Vision**

To be the service of choice for our residents and their families

To be the employer of choice for our team members

To be the health provider of choice across the Health & Social Care Network

### **Our Care**

In a Tanglewood care home, we cater for residents who need all varieties and levels of care. We assess every prospective resident subjectively on an individual basis. Following this process, a personalised recommendation is made by our team of highly-trained and dedicated staff members. Any new resident receives a bespoke Personal Care Plan, ensuring the most comfortable transition as they begin to write the next chapter of their lives. Our core values underpin everything that we do, delivering the best possible care and service to all our residents, plus peace of mind for family and friends.

### **Residential Care**

Residential care is generally for people who require a low level of support. It may include assistance with washing and bathing, and other activities of daily living. It is primarily for those who are finding it difficult to cope at home, or who need more help than home carers are able to provide.

#### **Dementia Care**

Our team members are trained to support people living with dementia. Through daily interactions, activities and compassion, our team learn about the individual's needs and help them feel settled and safe. We make sure people with dementia receive the quality of care that suits them best.

#### **Palliative Care**

We understand that end of life care is an extremely difficult time, and we want to support you in this process by providing a warm, welcoming atmosphere. Our teams are compassionate and caring, and will provide you with all the support you and your loved one require.

#### **Respite Care**

Respite care is generally 'short term' for people who are usually looked after by a relative or professional carer at home. It is also for people who have been in hospital but require a period of convalescence. Many people arrange a trial stay as a temporary resident to see if the home is the right long term option for them.

#### **Day Care**

We recognise that some people are not ready to move into a care home permanently, or ready for any overnight stays. We do also recognise that as a carer you may still require support, and that you or your loved one may require some social interactions with other individuals. We can support you with this by offering day care services.

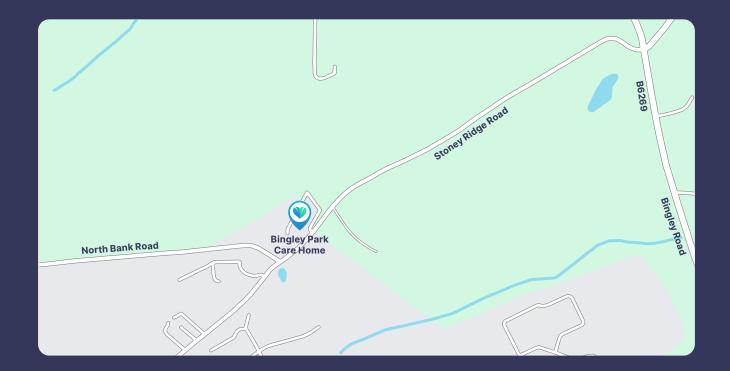
### Activities

Bingley Park offers a range of activities that appeal to our residents, regardless of interests and abilities. All activities are of course optional, but we do encourage our residents to be involved to increase their social interaction, mental stimulation and, most importantly, their enjoyment. Activities take place in groups, small task groups or one-to-one. Our dedicated Lifestyles Coordinator is an integral member of our team. They ensure monthly meetings are held with our residents to ensure that activities reflect their interests and choices.



# Weekly Activity Planner

	Morning	Afternoon
Monday	MORNING WALKS & GARDENING	LIFE STORY BOOKS
	11.30am	2.30pm
Tuesday	NAILS & HAND MASSAGES	SING ALONG
	11.30am	2.30pm
Wednesday	COFFEE MORNING	POETRY CORNER
	11.30am	2.30pm
Thursday	CHAIR EXERCISES	PAINTING AND ART CLASS
	11.30am	2.30pm
Friday	BAKING CLUB	FRIDAY AFTERNOON DRINKS & QUIZ
	11.30am	2.30pm
Saturday	GAMES & ACTIVITIES	SATURDAY SOCIAL
	11.30am	6.30pm
Sunday	<b>BOOK CLUB &amp; APERITIFS</b>	SUNDAY ROAST
	11.30am	12.30pm



# Get in touch

#### **Bingley Park Care Home**

Stoney Ridge Road Bingley BD16 1UL

info@twhealthcare.co.uk www.tanglewoodcarehomes.co.uk

#### From Keighley to Bingley Park Care Home:

Start by heading southeast on Airevalley Road (A650) for 4.6 miles, crossing over roundabouts to remain on A650. Continue on A650 as it turns into Sir Fred Hoyle Way. At the next roundabout, take the second exit onto B6266 and take the second right turn marked Wilsden (B6144).

Continue on Cottingley New Road (B6146) for 0.4 miles and go through two roundabouts, remaining on B6146 as it turns into Bradford Old Road. At the next roundabout, cross over taking the first exit onto Cottingley Cliffe Road (B6269) and continue for 0.6 miles. Take the right turn onto Stoney Ridge Road. Continue for 0.4 miles, and Bingley Park Care Home will be on your right.

#### From Bradford to Bingley Park Care Home:

Start by heading northwest on Westgate (A6181) as it turns into White Abbey Road (B6144) and then Toller Lane (B6144). After passing the hand car wash on your left, take a slight right at the junction onto Bingley Road (B6269). Continue on Bingley Road (B6269) for 0.7 miles, and after the speed camera, turn left onto Stoney Ridge Road. Continue for 0.4 miles, and Bingley Park Care Home will be on your right.

