

# Sleaford Hall Care Home

Your Happiness Is Our Reward





Welcome to the Tanglewood family, where we are thrilled to introduce you to our

exceptional homes, each offering a distinct and enriching experience.

At Sleaford Hall Care Home, our purpose-built haven, we take great pride in our unwavering commitment to delivering top-tier residential and dementia care. Our meticulously designed community beckons you to explore landscaped gardens while our indoor offerings, such as a bistro, hairdresser's salon, sports lounge, music café, activity lounge, garden rooms, and wellness suite, cater to a wide range of interests. Our mission at Sleaford Hall Care Home is to deeply understand you, your loved ones, and your aspirations to craft a residence that mirrors your thoughts, feelings, and ideas. Our dedicated team are waiting eagerly to join you on this remarkable journey.

Meanwhile, Tanglewood boasts a storied history of exceptional care. Our dedicated team members, chosen for their expertise, empathy, and unwavering commitment to enhancing lives, are dedicated to nurturing an environment that fosters independence, dignity, and a strong sense of belonging. We celebrate the unique stories and journeys of each resident, striving for excellence in personalised care that consistently surpasses expectations.

Join our vibrant community, and together, we will provide comfort, companionship, and a profound sense of belonging to all who make Tanglewood their home.



Daniel Rowark

CEO TANGLEWOOD CARE
SERVICES LTD

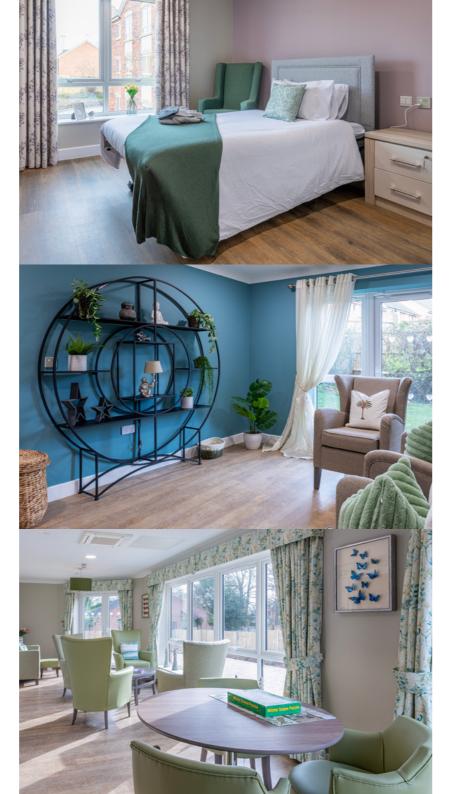
# Why choose us?

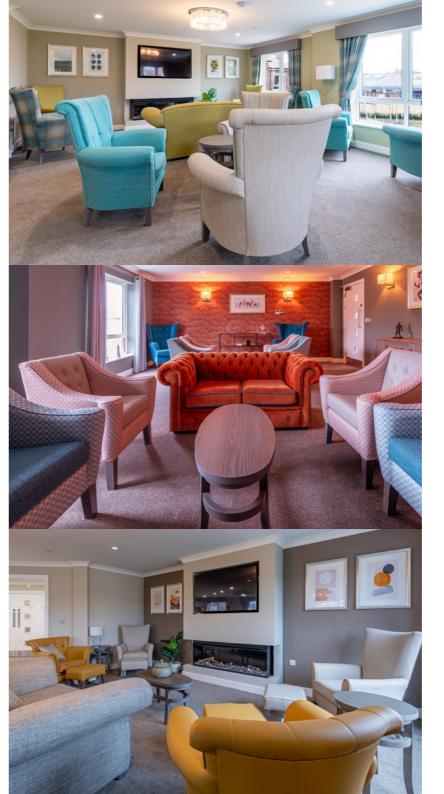
At Sleaford Hall, we offer a diverse range of activities specifically tailored to the preferences of our residents. With bespoke care plans, a comprehensive array of facilities, and a dedicated team, you can have peace of mind knowing your loved one is in safe hands.

Comfort, safety, well-being and happiness are at the heart of everything we do at Sleaford Hall care home. We fully understand how difficult the decision to move into care can be; our friendly team is always on hand to offer you the support you require.

# **Facilities**

This stunning, newly-constructed care sanctuary boasts 67 bedrooms spread over two storeys, all meticulously designed for the utmost comfort of our residents. Each spacious and bright bedroom comes with its own private ensuite wet room, offering a genuine home-from-home experience. With an emphasis on straightforwardness and accessibility, we provide families with the assurance that their loved ones are well looked after. Sleaford Hall has a bistro, hairdresser's salon, sports lounge, music café, activity lounge, garden rooms, landscaped gardens and wellness suite.





# Menu & catering

Our chefs offer a four-week seasonal menu that changes daily, using the freshest ingredients. We provide for all dietary types such as vegan, vegetarian and diabetic. We also cater for different textured diets, including a soft diet and a fully modified diet. If there is nothing you fancy on the menu we always have alternative options available for you. We will discuss your diet along with any likes and dislikes on admission. The mealtime experience for you is very important to us. Catering is always on the agenda at the monthly residents' meetings to enable you to give your valuable feedback first hand.

### Sample menu

#### **BREAKFAST**

Cereal of choice or porridge
Toast & preserves
Freshly prepared fruit
Full english breakfast

#### DINNER

ce or porridge Hearty beef stew & dumpling
rves Creamy vegetable risotto
led fruit Baby new potatoes
leakfast Fresh green beans & carrots

#### TEA

w & dumpling Fish goujons & sauté potatoes
ble risotto Cream of vegetable soup
coes Selection of sandwiches

#### DESSERT

Jam sponge & custard
Fresh fruit platter & cream

#### DESSERT

Lemon posset
Selection of cakes



# Our 'UNIQUE' Values

#### United

We will work together as a team
We will acknowledge that everyone is important
We will celebrate our achievements

## Nurturing

We will value and support each other

We will promote empowerment and independence

We will acknowledge and enhance strengths

#### Innovative

We will find innovative solutions to the challenges we face
We will welcome new ideas to help us evolve
We will embrace change and adapt accordingly

## Quality

We will deliver excellence as our standard
We will continually improve and enhance our service
We will keep people safe

## **Understanding**

We will be kind and compassionate

We will respect and honour individuality and diversity

We will take accountability and responsibility for our actions

### Empathetic

We will respect and trust each other
We will be humble and positive role models
We will embrace new relationships

# Our Mission Statement Our Aim

Provide high quality care for our residents, in safe and comfortable surroundings, always promoting independence and choice

Give the families of our residents peace of mind, reassurance and confidence in our service

Attract and retain the best team members, giving them the skills and career pathways they deserve

Work in partnership with all external agencies, building relationships that support our visions & values

## **Our Vision**

To be the service of choice for our residents and their families

To be the employer of choice for our team members

To be the health provider of choice across the Health & Social Care Network

## Our Care

We cater for residents who need all varieties and levels of care.

We assess every prospective resident subjectively on an individual basis.

We follow this process with a personalised recommendation, made by our team of highly-trained and dedicated staff members.

We provide any new resident with a bespoke Personal Care Plan, ensuring the most comfortable transition as they begin to write the next chapter of their lives.

Our core values underpin everything that we do, delivering the best possible care and service to all our residents, plus peace of mind or family and friends.

## Respite Care

Tanglewood understands the universal need for a respite, a haven away from home. Our respite care services offer a temporary refuge, where individuals receive the utmost in compassionate care, affording caregivers the vital opportunity for self-care. During their stay, respite care residents enjoy full access to our extensive amenities, tailored care, and engaging activities, mirroring the experience of our permanent residents. With our dedicated and skilled team, families can find solace in the knowledge that their cherished ones are enveloped in a secure and nurturing environment.

#### Residential Care

Our residential care services are meticulously customised to cater to the distinctive requirements and preferences of residents in need of assistance with daily tasks. We furnish a cosy and supportive living environment, where residents preserve their independence while receiving individualised care. Our dedicated team is available 24/7, providing assistance with medication management, personal care, and other daily activities. Our central focus is on nurturing independence and overall well-being, cultivating a warm and interactive community where residents feel esteemed and cherished.

#### Dementia Care

Our specialised dementia care offers residents with Alzheimer's and other forms of dementia a safe, supportive environment. Our team understands their unique needs, providing person-centric care that promotes cognitive engagement, emotional balance, and purpose in a secure and tranquil setting. We prioritise residents' dignity, independence, and offer compassionate 24/7 support.

### Day Care

Our day care services present a flexible and supportive solution for seniors in need of daytime assistance and social interaction. Designed to provide respite for caregivers or offer seniors opportunities for enriching activities, our day care program delivers a spectrum of services tailored to individual requirements. From personal care assistance to engaging social engagements and nutritious meals, our compassionate team ensures each day care participant receives personalised attention and enjoys a fulfilling day within a vibrant and inviting ambiance.

#### Palliative Care

At Tanglewood, we understand the importance of providing compassionate and dignified care for individuals with life-limiting illnesses. Our palliative care services focus on managing pain and symptoms, enhancing quality of life, and providing emotional and spiritual support for residents and their families. Our interdisciplinary team of healthcare professionals work closely with residents and their loved ones to develop personalised care plans that address physical, emotional, and spiritual needs. With a holistic approach, we strive to create a supportive and comforting environment where residents can find peace and comfort during this challenging time.

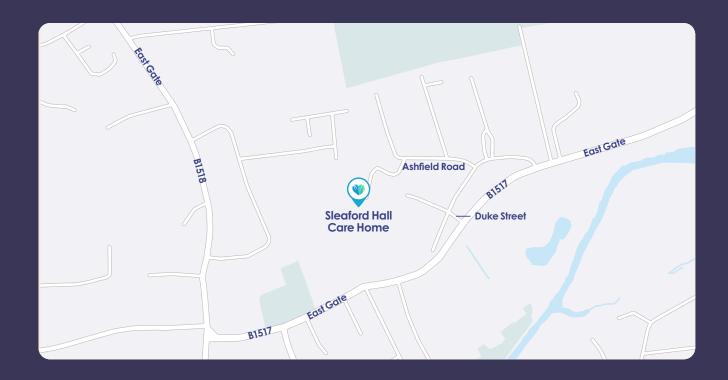
# **Activities**

Sleaford Hall is definitely the place to embark on a new chapter in life with an assortment of daily activities ensuring enjoyment for all. A space to embrace life at your rhythm. It offers a range of activities that appeal to our residents, regardless of interests and abilities. All activities are of course optional, but we do encourage our residents to be involved to increase their social interaction, mental stimulation and, most importantly, their enjoyment. Activities take place in groups, small task groups or one-to-one. Our dedicated Lifestyles Coordinator is an integral member of our team. They ensure monthly meetings are held with our residents to ensure that activities reflect their interests and choices.



# Weekly Activity Planner

	Morning	Afternoon
Monday	MORNING WALKS & GARDENING	LIFE STORY BOOKS
	11.30am	2.30pm
Tuesday	NAILS & HAND MASSAGES	SING ALONG
	11.30am	2.30pm
Wednesday	COFFEE MORNING	POETRY CORNER
	11.30am	2.30pm
Thursday	CHAIR EXERCISES	PAINTING AND ART CLASS
	11.30am	2.30pm
Friday	BAKING CLUB	FRIDAY AFTERNOON DRINKS & QUIZ
	11.30am	2.30pm
Saturday	GAMES & ACTIVITIES	SATURDAY SOCIAL
	11.30am	6.30pm
Sunday	BOOK CLUB & APERITIFS	SUNDAY ROAST
	11.30am	12.30pm



## Get in touch



Sleaford Hall Care Home

Ashfield Road, Sleaford, Lincs, NG34 7DZ





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tanglewoodcarehomes.co.uk

#### From Boston to Sleaford Hall Care Home:

- From Boston, head west on Sleaford Road A52.
- Cross two roundabouts while staying on Boardsides A1121.
- Continue on A1121 until you reach the A17 intersection.
- Turn right onto the A17 and follow it.
- Look for a sign for Sleaford/Horncastle/A153 and take the exit onto Bonemill Lane.
- At the next roundabout, take the second exit onto East Road B1517.
- Follow B1517 until you see a right turn onto Duke Street, then immediately take a left onto Ashfield Road.
- Continue on Ashfield Road, and you'll find Sleaford Hall Care Home on your left.

#### From Lincoln to Sleaford Hall Care Home:

- From Lincoln head south on the A15.
- Continue on A15 for approximately 17 miles.
- Approach the roundabout connecting with the A17 and take the second exit onto Lincoln Road B1518, following signs for Sleaford.
- At the next roundabout, take the second exit to stay on B1518.
- Continue along this road into Sleaford town, then turn left at the fork onto B1517.
- You will pass St. Denys Church on your left.
- Keep following the road and turn left onto Duke Street, immediately followed by a left onto Ashfield Road.
- Continue on Ashfield Road, and you'll find Sleaford Hall Care Home on your left.

